

Amazing New Diet Pill with Caralluma- a better alternative to Hoodia Gordonii @TheFillPill.com

Diet Pill with Caralluma- an amazing appetite suppressant used during times of famine in India for Centuries! Safe! Non-Stimulate!

New Diet Pill to take Market in April 2008 contains amazing swelling fiber, caralluma, and a full day's supply of vitamins!

What is Caralluma?

Caralluma has been used as a portable food for hunting, and as an appetite suppressant during times of famine in India. It is also used to suppress hunger and appetite and enhance stamina. It blocks enzymes, therefore encouraging the burning of fat reserves, and lowering blood sugar levels. It is also believed to have an effect on the appetite control center of the brain.

Caralluma fimbriata is an edible cactus, used by tribal Indians to suppress hunger and enhance endurance. The effect of Caralluma extract was assessed in overweight individuals by a placebo controlled randomized trial.

Fifty adult men and women (25-60 years) with a body mass index (BMI) greater than 25kg/m² were randomly assigned into a placebo or experimental group; the latter received 1g of Caralluma extract per day for 60 days. All subjects were given standard advice regarding a weight reducing diet and physical activity. At the end of 30 and 60 days of intervention, blood glucose and lipids, anthropometric measurements, dietary intake and assessment of appetite was performed. Waist circumference and hunger levels over the observation period showed a significant decline in the experimental group when compared to the placebo group. While there was a trend towards a greater decrease in body weight, body mass index, hip circumference, body fat and energy intake between assessment time points in the experimental group, these were not significantly different between experimental and placebo groups. Caralluma extract appears to suppress appetite, and reduce waist circumference when compared to placebo over a 2month period.

What Makes the Fill Pill different than other pills currently on the market?

The Fill Pill[®] is an advanced formula that both suppresses hunger and aides in cleansing the digestive tract. The Fill Pill[®] contains a special 0 carb/calorie soluble fiber that expands to 50-plus times its size when mixed with liquid and aides in normalizing blood sugar levels by cleansing the digestive tract of toxins and fats. One double-blind study showed that individuals taking this fiber consistently lost weight over a 3 month period compared to those

who didn't.

In addition to the amazing expanding and cleansing properties, The Fill Pill also contains an all natural, safe, non-stimulant appetite suppressant, which has been used in India for centuries. One double-blind study showed that those taking this appetite suppressant felt fuller before meals than those who didn't, and, as a result, ate less and lost weight.

<http://www.TheFillPill.com>